Executive Director Frank T. Martin



Board Chair Theodore "Ted" Smith

To:

BJCTA Employees and Customers

From:

Frank T. Martin

Executive Director/CE

Date:

May 8, 2020

RE:

Safety Alert #2020-009

COVID-19 SYMPTOMS

These symptoms may appear within **2 - 14 days** of exposure to the virus

- Fever
- Severe cough
- · Shortness of breath
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- New loss of taste or smell

Cough Breathing difficulties

Emergency Warning Signs for COVID-19

- Difficulty breathing
- Persistent pain or pressure in chest
- New confusion or inability to arouse
- Bluish lips or face

Seek emergency assistance if you experience these warning signs

This list is not all inclusive. Please consult your medical provider for any other symptoms that are severe or concerning to you.

cdc.gov/coronavirus

High temperature